YOUR HUB OF BELONGING

Connecting us all to resources, experiences, and each other

RESOURCES!

A Times Op-Ed on Campus Loneliness by Dean Soni:

Cat Moore's article on Making Family-Like Connections in the City:
https://www.familyminded.com/s/how-to-create-new-family-fd0e5df014164b5f

NYT Op-Ed by "A Formerly Lonely College Student:

What makes a good life? Lessons from the longest study on happiness - from Harvard U:
https://www.ted.com/talks/robert_waldinger_what_makes_a_good_life_lessons_from_the_longest_study_on_happiness/discussion

Connecting with Neighbors: "Won't You Be My Neighbor?" - documentary,

Connecting through acts of kindness:
RandomActsOfKindness.org

Questions that Foster Connection:
Questions: https://orl.usc.edu/programs/questions-for-conviviality/Questions for Conviviality

Authenticity:

Vulnerability + Shame by Brene Brown:
https://www.ted.com/talks/brene_brown_on_vulnerability
https://www.ted.com/talks/brene_brown_listening_to_shame

Designing Spaces for Connection + Community: The Project for Public Spaces:
pps.org
https://www.pps.org/article/place-game-community

Collaborate with a campus-wide movement to kindle friendship + community:
Visit: https://orl.usc.edu/programs/campfires/

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